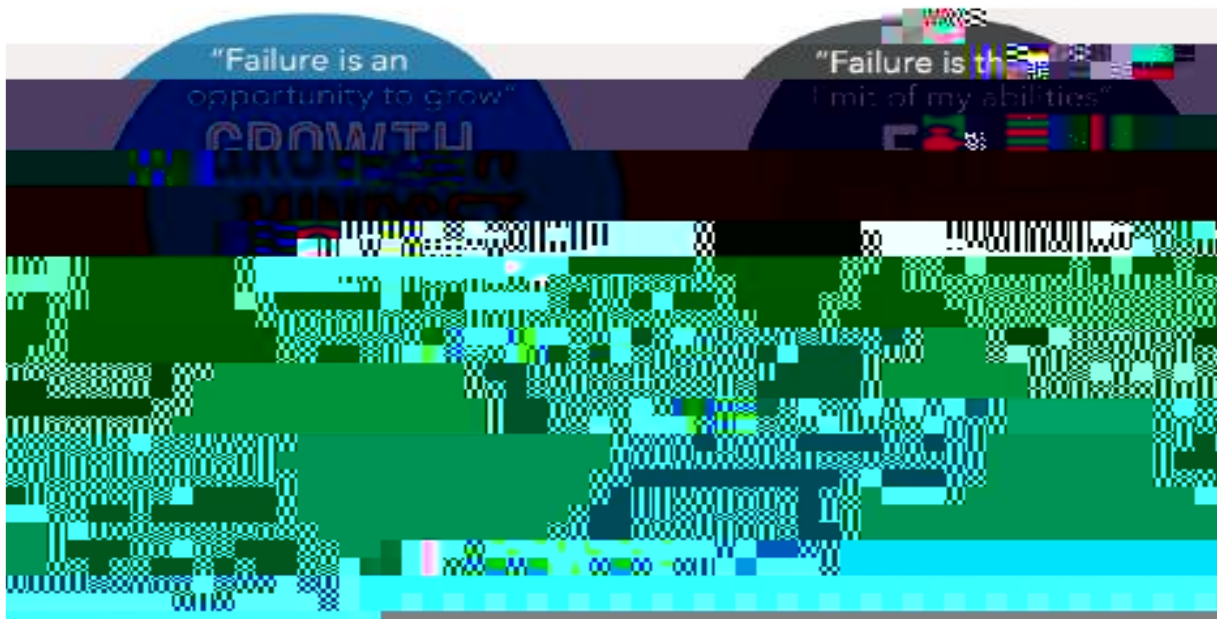


Successful Test Taking!

The most important thing that I have done to be more successful in school and in taking exams is changing my mindset. There are generally two types of mindsets: a fixed mindset and a growth mindset. Many people have probably heard of these before, but taking the time to try and change into a growth mindset can be wildly helpful in your college career. See the image below for the

!!



In addition to mindset change, I also use a number of online resources. Being a student who is very deeply involved with science everything builds on each other! My most used resource is Chegg. A lot of people know of Chegg for its book rentals (they are VERY CHEAP!!), but Chegg also has solutions manuals to pretty much every textbook out there! It can also walk you through Sapling problems (for chemistry students), and teach you how to do them correctly! You can even post your own questions, and most of the time you can get an answer fairly quickly. This resource has been invaluable to me. While it does cost \$14 per month, out at a restaurant ONE TIME each

Another resource that I use quite frequently is Khan Academy. This website is completely FREE and has video tutorials for pretty much any subject you can think of. They break things down in a questions on these videos as well, and again, someone usually answers pretty fast.

your phone that lets you schedule your classes, what homework assignments/exams you have when they are due, and a description of what you need to do. You can set it to send you reminders to help you stay on top of your class easy to become overwhelmed with college and it can be easy to fall behind. Setting reminders to do things can make sure that you are doing everything you need to be successful!

How to Prep for an Exam

When a troubled student comes to me and asks me how to prepare for an exam, I happily inform them that there are a few steps to accomplish this task. Coming from personal experience, the first thing that I do is look for a study guide/study review in my personal Moodle page under my specific class that the exam is for. If there is not one given, ask the professor if they are willing to construct one. The majority of instructors are really good about producing a study guide.

Once you have a study guide, take some time to go through the questions. This is really good to contrast between the notes that you take in class and the study guide. If there are no quality notes (notes that do not answer the questions on the study guide), or if you missed notes because you were not in class that day, ask a friend in class to see if you can have their notes. If notes are not the material for your class. F 12 Tf1 0 0 1 33.1958.02 Tm0 g0 G[, or if)4()-10y)2

Preparation for Writing a Paper

Here are my tips for preparing for a paper.

- 1) Have a strong thesis.
 - Your thesis is the basis for your entire paper. If your thesis is garbage, your paper is garbage.
 - Make sure your thesis represents what you believe.
 - A strong thesis is over an arguable idea.
 - Ex. Smoking and chewing tobacco age should be increased to 21 because 18-year-olds

 - This thesis takes a side on an argument that can be argued well on both sides.

- 2) Develop your first paragraph and second paragraph first.
 - These paragraphs are similar, but
 - Your first paragraph will be the largest paragraph of the entire paper, and should easily be about a full page (For assignments that are more than one page).
 - Your closing paragraph will be similar to your first paragraph, however, your closing paragraph will be a summary of your first paragraph.
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